

The Ingredient of Time

(from *Raising Great Kids*, Henry Cloud and John Townsend,
1999, Zondervan Publishing House, pg. 61-62)

STAGE	TASK
<i>Infancy</i>	Trust Dependency Attachment Physiological regular (sleeping, eating patterns, physical growth) Emerging orienting behaviors towards the attachment figure
<i>Later Infancy and Toddlerhood</i>	Increasing physical development with corresponding interaction with the environment Increasing mobility beginning with crawling and eventually walking Increasing exploration of the world around them as curiosity increases Beginning to use and understand language Learning to understand and respect limits In toddlerhood, learning that open defiance is going to be futile Learning increasing independence and separateness Introduction to rules
<i>Early Childhood Years</i>	New skills of play, talents and other abilities such as sports, art and music New skills of relationships and social interaction Increasing intellectual development Learning to obey rules and outside authorities Moral and spiritual development Respecting other people and property Beginning sex education

<i>Adolescence</i>	<p>New physical changes to be integrated as adult physiology becomes a reality</p> <p>The emergence of sexuality</p> <p>Expanding moral development to include principles and principle thinking as well as rules</p> <p>Changing the relationship with parents to reflect greater maturity</p> <p>Increasing independence</p> <p>Increasing skills of interacting with the opposite sex and dating</p> <p>Further development of talents and strengths discovered in pre-teen years</p> <p>Getting more focused about personal interests and strengths</p> <p>Questioning and discovering values</p> <p>Seeking deeper spiritual understanding</p> <p>Finding and fitting into peer group</p> <p>Discovering and dealing with reality of peer pressure</p> <p>Preparing for leaving home</p>